



Free Training

Join us for free First Aid training in how to do CPR and use a defibrillator

At the **Village Hall's Small Room** on **Thursday 19th September 2024** at **7.00pm**

This is a Community Public Access Defibrillator Familiarisation Session

and is a free 1-hour session

- We explain what happens when you call 999, how the call is triaged and how you access a defibrillator if needed



- We demonstrate how to check if a person is or isn't breathing then if needed, how to do CPR, we will fetch a manikin so anyone can also have a go at doing CPR.



- We fetch a training defibrillator; demonstrate how they work and how easy they are to use

